

SP3705 - Physiology of the High Performance Athlete

View Online



1.

Powers, S.K., Howley, E.T.: Exercise physiology: theory and application to fitness and performance. McGraw-Hill Education, New York, New York (2018).

2.

Kenney, W.L., Costill, D.L., Wilmore, J.H.: Physiology of sport and exercise. Human Kinetics, Champaign, IL.

3.

McArdle, W.D., Katch, F.I., Katch, V.L.: Exercise physiology: nutrition, energy and human performance. Wolters Kluwer, Philadelphia (2015).

4.

Tanner, R.K., Gore, C.J., Australian Institute of Sport: Physiological tests for elite athletes. Human Kinetics, Champaign, IL (2013).

5.

Birch, K., MacLaren, D., George, K.: Sport and exercise physiology. BIOS Scientific Publishers, Abingdon, Oxon (2005).

6.

Jones, D.A., Round, J.M., Haan, A. de: Skeletal muscle from molecules to movement: a textbook of muscle physiology for sport, exercise, physiotherapy and medicine. Churchill

Livingstone, Edinburgh (2004).

7.

Norton, K., Eston, R.G. eds: Kinanthropometry and exercise physiology. Routledge, London (2019).

8.

Maughan, R.J., Gleeson, M.: The biochemical basis of sports performance. Oxford University Press, Oxford (2010).

9.

Reaburn, P.: Practical skills in sport and exercise science. Prentice Hall, Harlow (2011).

10.

Reilly, T., Waterhouse, J.M.: Sport, exercise and environmental physiology. Elsevier Churchill Livingstone, Edinburgh (2005).

11.

VanPutte, C.L., Seeley, R.R.: Seeley's anatomy & physiology. McGraw-Hill, New York (2017).

12.

Wasserman, K.: Principles of exercise testing and interpretation: including pathophysiology and clinical applications. Wolters Kluwer/Lippincott Williams & Wilkins, Philadelphia, Pa (2012).

13.

Winter, E.M., British Association of Sport and Exercise Sciences: Sport and exercise physiology testing guidelines: the British Association of Sport and Exercise Sciences guide, Vol. 1: Sport testing. Routledge, London (2006).

14.

Barrass, R., Campling, J.: Scientists must write: a guide to better writing for scientists, engineers and students. Routledge, London (2002).

15.

Cottrell, S.: The study skills handbook. Palgrave Macmillan, Basingstoke (2013).

16.

Using English for Academic Purposes.

17.

Greetham, B.: How to write better essays. Macmillan Education, London (2018).

18.

Lewis, M., Reinders, H.: Study skills for speakers of English as a second language. Palgrave Macmillan, Basingstoke (2003).

19.

Peck, J., Coyle, M.: Write it right: the secrets of effective writing. Palgrave Macmillan, Houndmills, Basingstoke, Hampshire (2012).

20.

Peck, J., Coyle, M.: The student's guide to writing: spelling, punctuation and grammar. Palgrave Macmillan, Basingstoke (2012).

21.

Price, M.: Lab reports and projects in sport and exercise science: a guide for students. Pearson, Harlow (2013).

22.

APA (Style) Lite for College Papers (archived on the Wayback Machine),
<https://www.icahdq.org/resource/resmgr/PubCFP/apacrib.pdf?hhSearchTerms=%22APA+and+Style+and+Lite+and+College+and+Papers%22>.

23.

Strunk, W., White, E.B.: The elements of style. Allyn and Bacon, Boston (2000).

24.

Walters, D.E., Walters, G.C.: Scientists must speak. CRC, Boca Raton, Fla (2011).