

# SP1704 - Physical activity, health and wellbeing

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@book{Armour\_2013, address={New York}, title={Sport pedagogy: an introduction for teaching and coaching},

url={<http://ebookcentral.proquest.com/lib/brunelu/detail.action?docID=1422336>}, publisher={Routledge}, author={Armour, Kathleen M.}, year={2013} }

@book{Barry\_Yuill\_2016, address={Los Angeles}, edition={Fourth edition}, title={Understanding the sociology of health}, publisher={SAGE}, author={Barry, Anne-Marie and Yuill, Chris}, year={2016} }

@book{Bouchard\_Blair\_Haskell\_2012, address={Champaign, IL.}, edition={2nd ed}, title={Physical activity and health}, publisher={Human Kinetics}, author={Bouchard, Claude and Blair, Steven and Haskell, William L.}, year={2012} }

@book{Bowling\_2014, address={Maidenhead, Berkshire, England}, edition={Fourth edition}, title={Research methods in health: investigating health and health services}, url={<https://ebookcentral.proquest.com/lib/brunelu/detail.action?docID=1910222>}, publisher={Open University Press}, author={Bowling, Ann}, year={2014} }

@book{Brown\_Miller\_Eason\_2006, address={Baltimore, Md}, title={Exercise physiology: basis of human movement in health and disease}, publisher={Lippincott Williams & Wilkins}, author={Brown, Stanley P. and Miller, Wayne C. and Eason, Jane M.}, year={2006} }

@book{Faulkner\_Taylor\_2005, address={London}, title={Exercise, health, and mental health: emerging relationships}, url={<http://lib.myilibrary.com/browse/open.asp?id=24380&entityid=https://idp.brunel.ac.uk/entity>}, publisher={Routledge}, author={Faulkner, Guy E. J. and Taylor, Adrian H.}, year={2005} }

@book{Grimshaw\_2007, address={Oxford}, title={Sport and exercise biomechanics}, volume={BIOS instant notes}, url={<http://lib.myilibrary.com/browse/open.asp?id=84795&entityid=https://idp.brunel.ac.uk/entity>}, publisher={Taylor & Francis}, author={Grimshaw, P.}, year={2007} }

@book{Hardman\_Stensel\_2009, address={Abingdon}, edition={2nd ed}, title={Physical activity and health: the evidence explained}, url={<http://lib.myilibrary.com/browse/open.asp?id=212446&entityid=https://idp.brunel.ac.uk/entity>}, publisher={Routledge}, author={Hardman, Adrienne E. and Stensel, David J.}, year={2009} }

@book{McArdle\_Katch\_Katch\_2015, address={Philadelphia}, edition={Eighth edition},

title={Exercise physiology: nutrition, energy and human performance},  
publisher={Wolters Kluwer}, author={McArdle, William D and Katch, Frank I. and Katch, Victor L.}, year={2015} }

@book{Seligman\_2013, address={New York}, title={Flourish: a visionary new understanding of happiness and well-being}, publisher={Atria Paperback}, author={Seligman, Martin E. P.}, year={2013} }

@book{Weinberg\_Gould\_2015, address={Champaign, IL}, edition={Sixth edition}, title={Foundations of sport and exercise psychology}, publisher={Human Kinetics}, author={Weinberg, Robert S. and Gould, Daniel}, year={2015} }

@book{World Health Organization\_WHO Commission on Social Determinants of Health\_2008, address={Geneva}, title={Closing the gap in a generation: health equity through action on the social determinants of health : Commission on Social Determinants of Health final report}, url={http://lib.myilibrary.com/browse/open.asp?id=180005&entityid=https://idp.brunel.ac.uk/entity}, publisher={World Health Organization}, author={World Health Organization and WHO Commission on Social Determinants of Health}, year={2008} }